



## Dear Friends of CIH,

As summer continues, so does the healing and growth happening at Children of the Immaculate Heart. One special highlight this month has been our clients' enjoyment of our new clothing boutique. Tucked in the front corner of our Drop-In Center, the boutique allows the women we serve to choose clothing and hygiene items - essentials which can go a long way in helping a survivor feel confident and cared for. Thanks to the generosity of wonderful supporters, we've been able to keep the shelves stocked and the atmosphere beautiful and welcoming.



CIH Clothing Boutique

We're also celebrating a meaningful milestone: one of our clients has just moved into her own home! Finding safe and stable housing is often a major challenge in survivors' road to healing, so we are thrilled to walk alongside her as she takes this important step. (Take a look at our Amazon Wishlist if you would like to help make her new home a warm and comforting place.)



Statue of St. John Eudes at  
CIH Drop-In Center

On August 19<sup>th</sup>, we will be celebrating the feast of St. John Eudes, remembering his special devotion to the hearts of Jesus and Mary, and his ministry to women who had been forced into sex work. As we follow his footsteps, we are moved by his words: "We are missionaries of mercy, sent by the father of mercy, to distribute the treasures of mercy to those in need." St. John Eudes, pray for us!

In Christ,

*The Team at Children of the Immaculate Heart*



Amazon Wishlist

RSVP Today!



ChildrenOfTheImmaculateHeart  
.org/events



## Harvest Picnic

Harvesting Hope Together: Bring a Friend, Help Us Grow!

SEPTEMBER 20, 2025

1:00-4:00PM

ST. EPHREM MARONITE CATHOLIC CHURCH

750 MEDFORD ST, EL CAJON, CA 92020

**Please take advantage of this complimentary event to bring family and friends - help us grow our mission to assist more survivors of sex trafficking!**

"Let us not grow tired of doing good, for in due time we shall reap our harvest."

## Client Corner

We've seen some success stories in recent months, but I would like to share an honest reality about this work: we have also witnessed some setbacks among our clients due to mental health challenges. When a mental health episode takes over, it can put our clients in a dark place and temporarily hinder their progress.

We know that human trafficking is a violation of human rights and has a profound impact on mental health. Imagine the weight of these challenges on our clients. Even though many of them are believers, overcoming depression, anxiety, PTSD, or complex trauma is far from simple.

Therapy and counseling can play a crucial role in helping survivors process emotions and find healing. Creating a safe environment for victims and survivors is essential, as betrayals of trust and violations of personal boundaries are all too common in survivors' histories. We are truly blessed to have Dr. Flores on our team - she has a remarkable gift for connecting with our clients through her counseling, and they genuinely look forward to their sessions with her.

While we celebrate our clients' successes, we are also there for them during their lowest moments. Recently, I received a call from one of our clients who said, "I couldn't do this without your support and always being there for me when I fall." This is why we do what we do every single day. We laugh with them, and we also share tears - but with God's help, we keep going and will continue to do so as long as He carries us through it all.

God's Word reminds us that we - and the survivors we serve - are never alone in this journey. He walks with us through every season and desires to bring healing and restoration. "The LORD is close to the brokenhearted and saves those who are crushed in spirit." (Psalm 34:18)

Thank you for reading and for your continued support. Please keep all of us - our clients and our staff - in your prayers.

With a grateful heart,

*Monika Spatcher*  
Case Manager



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*Heat up the fight. Cool down exploitation.*

### Ways to Take Action this Summer:

#### 1. PRAY

Your sincere prayers for our clients are so impactful!

#### 2. GIVE

Donations to our general fund help fill the financial gap we often face in the summer.



#### 3. SPREAD AWARENESS

- Invite us to speak to a ministry or group.
- Follow our social media and share posts.



Facebook



Instagram