



# CHILDREN OF THE IMMACULATE HEART

Restore All Things in Christ ~ Serving Survivors of Human Trafficking

Volume 4 Number 8 September-October 2018

## A Message from the President

Dear Friends and Benefactors,

May the Holy Hearts of Jesus and Mary be ours forever! Yesterday we celebrated the feast of the Immaculate Heart of Mary, our patronal feast day! We had the happiness of being able to celebrate this day with Mass at The Refuge – you can see here the altar beautifully set up for Our Lord’s coming. Fr. Lillard, FSSP, celebrated Mass for us and in his homily he reminded us of what it means to be children of the heart of Mary. It means that we must have hearts that love, and if we have hearts that love, we will have hearts that are wounded, as Mary’s was wounded. Father spoke of how much Jesus loved His mother and how much it would have cost Him to see her suffer, but that it was actually impossible for her not to – for with each pain He suffered, her heart was pierced. He quoted to us from C.S. Lewis, who says that “To love is to be vulnerable.” Lewis gives the advice that if you never want to be hurt, then you must never love anything, not even an animal! Instead, you must busy yourself with hobbies and leisure activities – but beware, because your heart will become hard and in the end impenetrable and irredeemable.

Fr. Lillard reminded us that at Children of the Immaculate Heart, it is essential to our mission that our hearts be vulnerable – we were not called here to be good administrators (as important as this is). We were called here by Our Lord to love the souls entrusted to us and we must not let our hearts become hard. When a heart gets wounded, it is natural to want to put up defenses in the same way a hand builds calluses in order to protect itself. But if we are to love as we are called to love, we must not put up these walls that keep us “safe.” Yes, to love is to be vulnerable, and our hearts will be pierced like our Lady’s heart was



pierced. It will be pierced at seeing those we love suffer and it will be pierced when our love is not returned or is stomped under foot by ingratitude.

Finally, it is equally essential that our hearts be like our Lady’s heart in purity - and we become pure by drawing near to the source of all purity in Christ. Father commented on three miracles recorded by Matthew and Mark – the healing of the leper, the healing of the woman with a hemorrhage, and the raising of Jairus’ daughter. According to Jewish law, touching a corpse or someone with leprosy or a hemorrhage defiled the person and made them unclean. In all three of the miracles, Jesus reaches out and touches the person. What happens? He is not made unclean, but the person He touches is made whole. According to Mark 5:30, Jesus perceived “in himself that power had gone forth from him...” (RSVCE). When Jesus touches someone, He makes them pure, whole, clean – power goes forth from Him! He is not sullied by touching us! So “Let us then with confidence draw near to the throne of grace, that we may receive mercy and find grace to help in time of need” (Heb. 4:16).

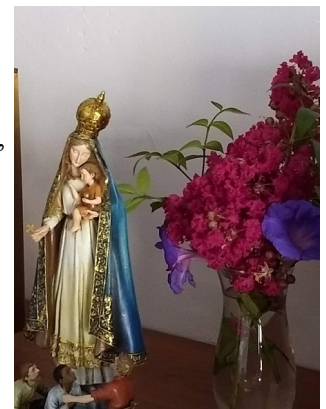
Thank you for your support of our work! Let us pray for each other as we labor together in the Lord’s vineyard.

God reward you!

In the heart of Jesus and Mary,

*Grace Williams*

Grace Williams  
President/Executive Director



## Family Summer BBQ

By Jenna Christakis, CIH Office Manager

On Saturday, August 11th, CIH was ecstatic to be able to have an event in Escondido with many new North County attendees! It was our first time having a large event in that area and we were very excited to be able to introduce new friends to our mission!

The evening was a bustle of fun with numerous activities for children and parents alike. There was a bounce house, games, traditional American BBQ, and ice cream sundae bar enjoyed by all! It was wonderful to see many people there to support our apostolate. We would like to thank those who came who were new as well as those who have continued to support us over the years.

Additionally, we would like to thank our volunteers and employees who were such a great help in coordinating our BBQ event. Most of all, we would like to thank the Becknell family for welcoming us into their home and for all the hard work they put into preparing for the event. We could not have done it without you all!

That evening we raised almost \$5,000 to go towards our apostolate's mission of supporting survivors of human trafficking! Praise Jesus for your generous hearts! If you missed the BBQ, consider joining us in October for our first ever Oktoberfest event! See the ad below for more details.



CIH is having its first Oktoberfest event! Come join us for an evening of education and fun! The proceeds of this event will be in support of survivors of sex trafficking. CIH's very own CEO/President, Grace Williams, will be giving a short talk about CIH's current progress reaching its goals and an update about our clients. There will be a special guest speaker as well. Children of the Immaculate Heart staff and board members will be there to answer any questions you have.

There will be homemade beer, various hearty German foods, and scrumptious German desserts. You will also have a chance to win a door prize and bid on our 10 silent auction items. Tickets are \$35 and can be purchased online through Eventbrite, by calling our office, or by sending a check. If sending a check, please write Oktoberfest on the memo line. Thank you!

We hope that you consider joining us! Doors open at 6:00pm - dinner is served at 6:30pm.

**Saturday October 6, 2018**  
**Private home in Spring Valley, CA**

To receive the event address please RSVP at:

<https://www.cih-oktoberfest.eventbrite.com>



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## Specialty Therapy Programs

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By Sarah Beveridge, Marketing Associate

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Dear Friends and Benefactors,

Praised be Jesus Christ! We hope this message finds you much blessed in the Lord! The Good Lord has been taking care of us this summer and The Refuge is on track for opening between January and March of 2019, pending a County contract and the completion of our license with Community Care Licensing. In this missive, we will briefly present the specialty therapies that we plan to implement at The Refuge.

Equine therapy, the primary one we will use, is helpful for treating a wide range of needs and problems including behavioral issues, eating disorders, and communication needs. As the client participates in activities such as grooming and feeding, a therapist helps the client observe her own reactions and patterns of behavior. The focus and commitment that these activities require help take the client out of her trauma in a natural way, while the nonjudgmental nature of the horse allows the client to engage in a relationship with no fear of rejection and prepares the client for healthy human relationships.



Art therapy is another excellent method of healing trauma. Normally, the client creates a work of art and the therapist then questions her about the project to understand the emotions and mental processes that contributed to it. The process gives the person a way to express what may be too painful or difficult to put into words. This will greatly benefit our girls who will not always be able to verbalize how their traumatic



experiences are affecting them, and will need this non-threatening way to express themselves and receive the

guidance and treatment they need.

Last but not least, music therapy is a clinical profession used for a wide

range of purposes in healthcare and education to address physical, emotional, cognitive, and social needs. Creating, singing, dancing and listening to music open avenues of communication and strengthen

other abilities that can be transferred to other areas of the client's life.

These rich and human ways of fostering healing and growth will be powerful instruments for girls at The Refuge in their efforts to form healthy relationships and communication skills. Please prayerfully consider contributing

to help us open The Refuge and provide cutting-edge services for these girls who are so in need. May God reward you!

Sarah Beveridge



### Save the Date!

Children of the Immaculate Heart  
will be holding its  
*6th Annual Gala and Silent Auction* at  
Our Mother of Confidence Parish  
3131 Governor Dr., San Diego CA 92122

**February 16, 2019**

6:30 to 9:00 p.m.

*Stay tuned next issue for more  
information!*

# Children of the Immaculate Heart Earns 2018 Bronze Seal of Transparency from GuideStar!

Children of the Immaculate Heart was recently recognized for our transparency with a 2018 Bronze Seal on our GuideStar Nonprofit Profile! GuideStar is the world's largest source of information on nonprofit organizations. More than 8 million visitors per year and a network of 200+ partners use GuideStar data to grow support for nonprofits. In order to get the 2018 Bronze Seal, we shared important information with the public using our profile on [www.guidestar.org](http://www.guidestar.org). Now you, our community members and potential donors, can find out more about our mission and programs. To view our profile visit: <https://www.guidestar.org/profile/46-3954106>. As CIH continues to expand, we hope that this helps donors as they decide where to direct their philanthropy.



We are very happy to announce that Children of the Immaculate Heart is now part of the Catholic Community Foundation through an Agency Designated Fund! This means that we can receive donations through this fund and those who donate through the Foundation will know we are a vetted organization and can simplify their tax write offs by giving through the Foundation. May the Good God and Saint Joseph bring us new donors through this! We are also able to receive gifts of stock or bonds through the Foundation. The link to donate to our agency's fund is:

<https://ccfsdindividualfund.kimbia.com/chil-drenofimmaculateheart>

Children of the Immaculate Heart is starting a meal train for our weekly women's group. Twice a week, we hold a support/development group for our clients. This gives them the opportunity to be together, support each other, and grow in their personal human development. If you are interested in cooking for our ladies on Thursday night, please visit this link!



<https://www.mealtrain.com/trains/q3nk7l>



## CIH Contact Information

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## CIH Has a Car Donation Program!

Please consider donating your vehicle to CIH! *Car Easy* will come pick up your car, boat, or trailer whether it is running or not! This has been a huge support to our program over the last two years and cars can be donated from anywhere in the country. To start the process just call **855-500-7433** or type <http://careasy.org/details?4567> into your web browser. Proceeds go to support our programs!

